



SENIOR CENTER NEWSLETTER

April 2024
609-371-7192



Dear Friends

East Windsor Is Soliciting Nominations for Annual "Sylvia Weiss Senior Citizen Award for Outstanding Service as a Volunteer." The Award is to recognize a senior citizen who has exhibited outstanding service through volunteerism to the community by way of the schools, religious institutions, service organizations or directly to the public. Nominees must be at least 60 years of age and residents of East Windsor. Nominations forms, due by **Monday, April 22**, are available from the Clerk's office.

Recycling Day Event Is on Saturday, April 13 from 10 A.M. to 2 P.M. at Senior Center.

Free paper shredding services to securely dispose of unneeded personal documents and confidential files will be available, until the shredding truck is full, to **East Windsor Residents only**. Electronic recycling is available for computers, computer monitors, laptops, VCR's and televisions. Also accepted for drop-off are fluorescent bulbs, cell phones and printer cartridges. RISE will be on site to collect usable furniture, clothing, blankets and working household appliances and electronics.

Mayor Proclaimed March Women's History Month, joined by several area elected officials -- NJ State Senator Linda Greenstein, NJ State Assemblywomen Verlina Reynolds-Jackson and Michelle Drulis, Mercer County Commissioners Nina Melker, Kristin McLaughlin and Lucylle Walter, Mercer County Surrogate Diane Gerofsky, and Mayors Susan Bluth (Hightstown), Patricia Farmer (Lawrence) and Courtney Peters-Manning (Hopewell Township), and Councilwoman Denise Daniels. Each of the officials spoke about their experiences and thanked those who encouraged and mentored them, and the importance of continuing to cultivate and promote other women as future leaders. The Proclamation recognizes "*the many accomplishments and substantial contributions of women over history to our civic, political and cultural life, and their extraordinary leadership and extensive work and commitment to the betterment of the lives of the citizens of East Windsor Township and the State of New Jersey*".

Operation Medicine Cabinet Is on Saturday, April 27 from 10 A.M. to 2 P.M., offering residents the opportunity to dispose of unused, unwanted and expired prescription medications in an environmentally responsible manner and reducing possible access by unauthorized persons and young people to these drugs. This special one-day collaborative event with the U.S. Drug Enforcement Administration is intended to focus community attention on the importance and opportunity for secure and responsible disposal of medications. The Township maintains a year-round 24/7 accessible permanent medicine drop box in the lobby of the **police/court building at 80 One Mile Road**.

Congratulations to the East Windsor Regional School District-Hightstown High School Cheerleading Team for their Tremendous Successes with an Historic Undefeated Season and Several Championships!

Mayor Janice S. Mironou



April Newsletter Info

**Sign up begins IN-PERSON
Monday, April 1 @ 8:45 am**

Program Sign Up sheet can be found
in a separate email and in the
lobby of the senior center.

TRIPS SIGN UP

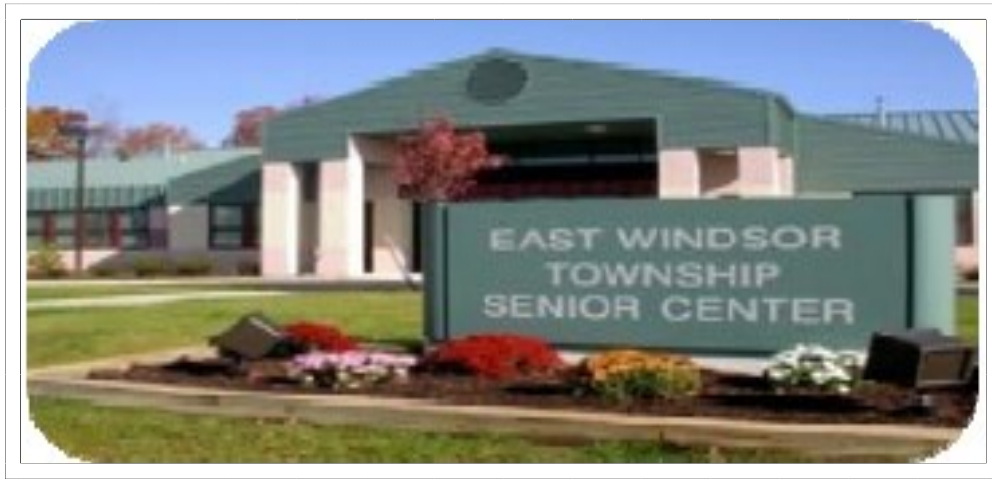
April 1, 2, 3
(deadline on the 3rd is 12:00 pm)

If trips sign up sheets fill beyond capacity,
we will use the Lottery process.

Please ask front desk if you are not familiar with
the Lottery process.

Trip Sign Up sheets will be
located in the Art Room





The East Windsor Senior Center is dedicated to helping residents age 60+ reach their full potential to ensure a lifelong continuum with a focus on program participation that fosters a productive life in the community.

The center offers members a broad range of services, including presentations, classes, health screenings, lectures, nutrition program, trips, special events, activities, and links to county and state resources. The center is open Monday through Friday from 8:00 am until 4:00 pm.

There are many exciting things planned for the upcoming months and years ahead, building on the foundation that is already in place, helping you to stay healthy, vibrant, and entertained.

Join us, make new friends, meet old friends, and learn how to maintain your health, independence, and overall wellness.



East Windsor Township Senior Center
40 Lanning Boulevard
East Windsor, NJ 08520
(609) 371-7192
Email: seniorcenter@east-windsor.nj.us

Kelly Roman
Senior Center Director
Rebecca Liming
Program Coordinator



Janice S. Mironov, Mayor
David Russell, *Deputy Mayor*
Denise Daniels, *Council Member*
Anthony Katawick, *Council Member*
Marc Lippman, *Council Member*
Johnnie Whittington, *Council Member*
John Zoller, *Council Member*

Township Information

Recycling Day Event

Mayor Janice S. Mironov and Council Members Hold Recycling Day Event on Saturday, April 13, from 10 A.M. to 2 P.M., Rain or Shine, at the East Windsor Senior Center (40 Lanning Boulevard).

Free paper shredding services to securely dispose of unneeded personal documents and confidential files will be available to **East Windsor Residents Only**.

There is a limit of ten boxes per household; no commercial documents. Electronic recycling includes televisions, computers and accessories, monitors, fax machines, VCR's, cable boxes and radios. Residents also will be able to drop off fluorescent bulbs, household batteries, cell phones and printer cartridges. RISE will be on site to collect usable furniture, clothing, blankets and working household appliances and electronics.

For further information, call (609) 443-4000, ext. 215.

Are you signed up for Nixel?

Nixle communications system enables immediate text messages to **registered** cell phones and email addresses, to alert residents and businesses about safety and health subjects, such as severe weather conditions, traffic disruptions, road closures, flooding conditions, power outages, and important public health notices as well as other significant community updates and announcements.

<https://www.east-windsor.nj.us/nixle>

E-News Updates

IMPORTANT: Residents Are Encouraged to Register and Urge Other Residents to Register to Receive E-News Updates. E-News is used for alert communications in significant weather and service impacted situations, as well as generally weekly to provide information on new businesses and stores, roadway projects, grants, special events and other subjects of public interest. ([CLICK HERE](#)) or visit the East Windsor Township website at www.east-windsor.nj.us to register for E-News. East Windsor officials seek to expand resident subscribers. **PLEASE SEND THIS E-NEWS INFORMATION TO YOUR EAST WINDSOR FRIENDS AND FAMILY ENCOURAGING THEM TO SIGN-UP**

<https://www.east-windsor.nj.us/e-news>

Senior Resource Directory



EWT Senior Citizens Resource Directory

An information guide for a better understanding and access to services and facilities in our area such as housing, transportation, home care, and much more.

[CLICK HERE](#) to access the directory.

Thank you to Commission on Aging
for your research and hard work.

Township Information

East Windsor Township Soliciting Nominations for Annual "Sylvia Weiss Senior Citizen Award for Outstanding Service as a Volunteer."

The Award is to recognize a senior citizen who has exhibited outstanding service through volunteerism to the community by way of the schools, religious institutions, service organizations or directly to the public. This service can be in leadership or in direct service. Nominees must be at least 60 years of age and residents of East Windsor.

The award is named after Sylvia Weiss, a former East Windsor Township Council Member, past Council senior citizen advisor and chairperson of the Commission on Aging, who was instrumental in the original formation of the senior citizen program.

Local individuals and organizations are encouraged to nominate a senior citizen for this honor. The deadline to submit a nomination is **Monday, April 22.**

For further information or to obtain a nomination form ([CLICK HERE](#)) or contact the Municipal Clerk's Office at (609) 443-4000, ext. 238.

[See Next Page for Nomination Form](#)



EAST WINDSOR TOWNSHIP
SYLVIA WEISS SENIOR CITIZEN AWARD
FOR OUTSTANDING SERVICE AS A VOLUNTEER

NOMINATION FORM - 2024

Please use this form to nominate a Senior Citizen resident of East Windsor Township
(at least 60 years of age) for this honor. Completed nomination forms must be
submitted by **Monday, April 22, 2024** to:

Mayor Janice S. Mironov
and Council Members
East Windsor Township
16 Lanning Boulevard
East Windsor, New Jersey 08520

Forms may be mailed or dropped off at the Municipal Building.

SENIOR NOMINEE: _____ **Age:** _____

Street Address _____ Phone No. _____

Previous honors/awards (if any): _____

Describe the Nominee's service and qualifications. Please feel free to attach a separate statement fully describing the nature, quality and length of the nominee's voluntary services, as well as his/her impact on the community and those being served.

SUBMITTED BY: _____

Address _____ Phone No. _____

The presentation to the winning nominee will be made by the Mayor and Council Members at a ceremony in May. Thank you for participating in the Sylvia Weiss Senior Citizen Award program this year!

Volunteer Opportunities

East Windsor Township Mayor and Council Encourage Citizens to Volunteer for Township Boards and Committees in the New Year.

Citizens can apply to serve on the:

- ◆ Clean Communities Advisory Committee
- ◆ Commission on Aging
- ◆ Economic Development Committee
- ◆ Environmental Commission
- ◆ Health Advisory Board
- ◆ Planning Board
- ◆ Recreation Commission
- ◆ Zoning Board of Adjustment
- ◆ East Windsor Municipal Alliance for the Prevention of Substance Abuse.



Residents interested in volunteering can obtain an application form from the municipal clerk or can fill out this form ([CLICK HERE](#)) and return by email to clerk@east-windsor.nj.us, by fax to [\(609\) 443-8303](tel:(609)443-8303), or by drop off or mail to Mayor Janice S. Mironov and Council, East Windsor Municipal Building, 16 Lanning Boulevard, East Windsor, New Jersey 08520.

For further information, call the Municipal Clerk's Office at [\(609\) 443-4000](tel:(609)443-4000), ext. 238.



**Evening of
Monday, April 22—
Tuesday, April 30**

Community Bus



50 cents round trip

The Senior Center community bus is back on the road. We have enhanced our cleaning efforts to include daily disinfecting. Masks are optional while on the bus. We follow NJTransit and CDC Guidelines while on the bus. Eating and drinking are prohibited.

Shopping locations include Shop Rite, Walmart, Target, Dollar Store...
Doctor appointments must be located within East Windsor or Hightstown.

Please call the senior center to reserve your seat.

Monday and Wednesday

Hightstown area 8:30 am
Windsor Crossing area 8:45 am
Twin Rivers 9:15 am

Tuesday and Thursday

The Orchard 8:45 am
Wheaton Point 9:00 am
The Woods 9:00 am
East Windsor side of Rt.130 9:10 am
(Dutch Neck, One Mile Rd, Hickory Corner Rd...)
St. James 9:30

**Our Bus is not only used for shopping but also for trips.
Please understand the above schedule is subject to change.**

TRIPS

- ◆ Everyone must ride the bus “round-trip.” No exceptions.
- ◆ Straying from the group outside the location of the trip is not allowed.
- ◆ Do not ask the bus driver to go to additional locations.
- ◆ See each trip description for cost.
- ◆ Masks are optional while on the bus. .
- ◆ Please call the senior center to sign up 609-371-7192

April Trips



Date: Wednesday, April 3
Depart: 9:45am
Return: 4:30pm approx.

Limited seats remaining

Cost \$106.00 exact cash or check
Includes: Cost of ticket, table served entree, gratuity, tax, and coach transportation,

The 60s Musical is a non-stop, energetic celebration of six extraordinary women performing more than a dozen chart toppers from Diana Ross, The Supremes, Tina Turner and more. Complete with big hair dos and 60's fashions, this timeless production will have audiences of all ages singing along and shouting for more.

Show created by Larry Gallagher.



Date: Thursday, April 25
Depart: 9:30 am
Return: 1:30pm approx.

This trip is full

Community Bus: 50 cents given to driver on day of trip

RESORTS Casino • Hotel

Date: Friday, April 5
Depart from Senior Center: 9:00 am sharp
Depart from AC: 4:00 pm
Return: 6:00 pm approx.

Limited seats remaining

Coach Bus
Cost: \$35.00 exact cash or check

Slot Play \$ is given on arrival.
 Senior Center has no control over the amount the casinos give.

**Please notice price increase per STARR Transit Company:
 Moving forward, all AC trips will either cost \$32 pp or \$35 pp depending on the season.**



The community bus will not be available from April 8 through April 19



pixtastock.com - 60538475

May Trips



Mercer County Symphonic Band *Spring Concert*

Wednesday, May 22

Depart Time: 6:45pm

Show Time: 7:30pm

Return Time: 9:00pm approx.

Community Bus: 50 cents
given to driver on day of trip



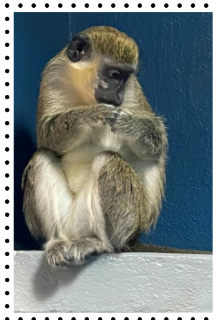
Popcorn Park Zoo Animal Rescue and Sanctuary Forked River

Friday, May 24

Depart Time: 10:00am

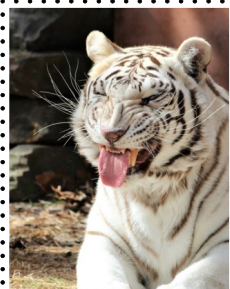
Return Time: 4:30pm approx.

- ◆ A lot of walking
- ◆ Wear comfortable shoes.
- ◆ Please pack a lunch to enjoy in designated picnic area.



Cost: \$2.00 exact cash ONLY

Community Bus: 50 cents
given to driver on day of trip



parx casino®



Date: Friday, May 31

Departure Time: 10:15am

Return Time: 3:30pm approx.

Community Bus: 50 cents
given to driver on day of trip

Pick up is at the senior center. Please park your car in the back of the senior center to leave parking spaces available.

May Trips

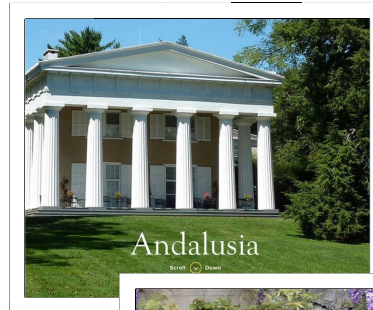
Andalusia Historic House and Gardens Tour

Thursday, May 23
Depart: 10:00am
Return: 3:30 approx.

Cost: \$30.00 exact cash or check
Community Bus: .50 given to driver

Pack a lunch for a picnic on the beautifully landscaped grounds...bench seating available.

With its soaring white columns and superbly crafted interiors, the mansion at Andalusia—called the Big House—is one of the finest, most distinctive examples of Greek Revival architecture in the United States. Inhabited from the 1790s until the 1970s, the story of Andalusia parallels and reflects that of the nation itself. Visiting this National Historic Landmark is a journey back in time, an invitation to see firsthand the traditions and tastes of the generations of Biddle family members who called it home.



IMPORTANT

**Attending trips with the senior center
requires you to have a cell phone
with you at all times**

- ◆ Cell phone numbers must be registered with our computer system (this was done when you became a member). The roster that is printed for the supervisor, for each trip, will have your cell phone number on it
- ◆ Your cell phone must be on (volume up or vibrate) at all times
- ◆ If you do not have a cell phone, you will need to buddy-up with someone who does have a cell phone. You will need to stay with this person through-out the trip
- ◆ If you need help with the functions of your cell phone for the **day of your trip**, please see Kelly, Rebecca, or the supervisor
- ◆ We have an iphone / Android tutor available at the senior center. Please see front desk if you would like an appointment

Things to do...No sign up required

Visit our Stationary Equipment Room

Hours: 8:30 am - 3:30 pm M-F

There will be an attendant in the room to assist and answer any question you may have.



- ◆ 4 Stationary Bikes
 - ◆ 2 Treadmills
 - ◆ 1 Elliptical
 - ◆ 1 Rower
- ◆ Various other machines



Sneakers are required to use the equipment



Game Room

Pool Tables
Ping Pong
Bridge and Card Games
Board Games
Puzzles

Monday thru Thursday
9:30 am - 11:30
No Bingo on Friday

BINGO				
1	27	33	48	75
8	19	45	56	61
3	18	FREE SPACE	49	69
15	26	41	53	66
2	21	37	46	65



Bridge Club
Every Day at
1:00 pm



Chess Club
Every Wednesday
1:00 pm



Computer Room

The computer Room has 8 new computers. These computers are first come, first served.



Our Library
We accept book donations

Tutoring



iPhone 101 1-Hour Private Sessions

Wednesday's by
appointment only

Are there features on your cell phone you
don't know how to use?

- ◆ Texting
- ◆ Using Apps
- ◆ Retrieving email
- ◆ Using camera and video
- ◆ Using the internet
- ◆ Playing games
- ◆ Changing settings
- ◆ Installing updates
- ◆ Setting alarm/using calculator
-and so much more.



Android 101 30 Minute Private Sessions

Thursday's by
appointment only

Are there features on your cell phone you
don't know how to use?

- ◆ Texting
- ◆ Using Apps
- ◆ Retrieving email
- ◆ Using camera and video
- ◆ Using the internet
- ◆ Playing games
- ◆ Changing settings
- ◆ Installing updates
- ◆ Setting alarm/using calculator
-and so much more.

Computer Tutoring 30-Minute Private Sessions (also knowledgeable in iPhone and iPad)

Monday's
By appointment only

- ◆ Are you a beginner with no experience using a computer?
- ◆ Have you never used a computer?
- ◆ Learn how to maneuver the mouse.
- ◆ Do you need help with email?
- ◆ Do you want to print from your computer?
- ◆ Do you want to play Solitaire?
- ◆ Do you need help changing the settings?



Interactive Programs sign up required

Paint by Numbers

Every Friday
@ 10:30 am



Purchase your own kit on Amazon.

[CLICK HERE](#)

to see examples or purchase on Amazon



Magic Club

Every Wednesday
12:30pm



Learn the “Sleight of hand” card tricks and techniques

Club Instructor;
George Hann



Thursday, April 11
10:00am-11:00am

Bring 1-2 pages of your own work to read and discuss with other writers or create a writing based on the following prompt: “High hopes..”

Writing Instructor: Nancy Cathers Demme



Terry Goldstein's Trivia

Tuesday, April 16
@ 2pm



Returns in May



Tuesday, April 23
10:30 am

TED Talks is an interactive monthly discussion after viewing a chosen video. The link is below to view before attending if you wish.

VIDEO:

The disappearing computer—and a world where you can take AL everywhere—Imran Chaudhri

[CLICK HERE](#) to view video



Coin and Stamp Club

Tuesday,
April 9
@ 2:15pm



Do you collect coins? Stamps?
Join John Guarniere as he will lead the
Coin and Stamp Club Meeting.



PUZZLE GROUP and COLORING

EVERY MONDAY
@ 1:00PM

Why are puzzles important for seniors?

Brain games and puzzles provide an older person the opportunity to use their critical thinking and problem-solving skills. Jigsaw puzzles for eg, exercise the left and right sides of your brain at once. Your left brain is logical and works in a linear fashion, while your right brain is creative and intuitive.

Coffee, tea, and light snacks provided.
Must sign up at front desk!

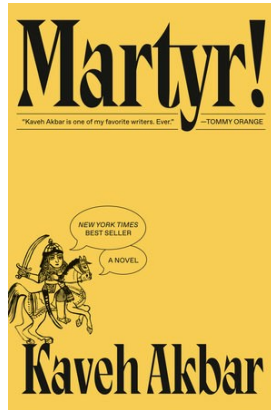
Social Gatherings - Sign Up Required

Book Club

Thursday, April 25
10:30 am - 11:30 am

Book: *Martyr!*
by Kaveh Akbar

Facilitator:
Sharon Galbraith Ryer
Hickory Corner Library



Pin Cushion Corner
Every Tuesday
@ 1:00 pm

Bring your knitting, crochet projects, or needle-point and socialize with others while working on your project.

SIGN UP REQUIRED

“Dine Around” is Back!

Let's meet for lunch once a month. We will choose a local eatery for you to enjoy with members of the senior center.

Tuesday, April 16
@ 12:30 pm

Aljon's Pizza & Restaurant
64 Princeton Hightstown Rd.
West Windsor



IMPORTANT: We make reservations based on sign-up. The restaurants take time to arrange tables with place settings and may have to hire help to accommodate us. PLEASE call us if you need to cancel.

This is a pay on your own event.

SIGN UP REQUIRED



“Crafts with Patti”
Bird Rock Painting

Thursday, April 18
1:00pm



Afternoon Coffee Chat
@ the Senior Center

Wednesday, April 10
2:00pm

Screenings / Appointment Needed

Blood Pressure Screening



No BP Screening in April

Resumes in May

Bone Density Screening

Wednesday, April 10
Appointments start at 9:30am

A bone density test measures how strong your bones are. The test will tell you if you have osteoporosis (or weak bones), and it can help you understand your risk of breaking a bone in the future.



Presentations Sign Up Required

Helping Navigate a Senior's Journey Through Healthcare

Monday, April 15
10:30am

Five professionals will share important information that will help seniors and their families navigate thru the myriad of issues during their aging process.


Each of the professionals will share 5 of the most commonly asked questions and invite the audience to ask their own questions.





Randi Goldgerg, Facilitator
Mary Shapiro, Sr. Recourse Specialist

Geriatrics Planning & Solutions, Inc.



Dr. Arun Rao, MD



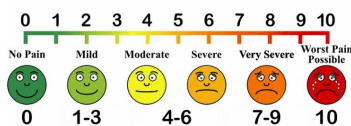

Josh Levin




Jill Lennox

What is Pain?

PAIN ASSESSMENT TOOL



Wednesday, April 10
10:30am

Why do we have pain and how can we manage pain?

Presenter;
Pam Rinaldi
Trinity Rehab



Budgeting Tips

Thursday, April 11
10:30am

Presenter,
Leslie Terhune
M&T Bank



M&T Bank

Presentations Sign Up Required

Medication Interactions

Thursday, April 18
10:30am



Does grapefruit affect certain meds? Should I take my meds in the PM or AM? Does a certain medication effect my vitamins?

The TCNJ Nursing Students will be here for a discussion on medication interactions.



TCNJ THE COLLEGE OF
NEW JERSEY

Instructor;
TCNJ Nursing Students

Healing & Centering Meditation



DATE: 4/2 @ 10:30am

Deep Relaxation & Reset Meditation



Instructor;
Adreinne Gammal

Lecture Sign Up Required



Linda Kenyon

as

Julia Child's Bon Appetit!

Monday, April 15

2:00pm-3:00pm

Television, stage and film actress Linda Kenyon brings her one-woman show, "Bon Appétit!" to the East Windsor Senior Center.

Kenyon's "extraordinary" portrayal of Julia Child has been entertaining audiences for years. During the performance, Kenyon transforms herself into Julia as she reveals details about the iconic cook's life and rise to fame.

While Julia's culinary skills, distinctive voice and exuberance for French cooking are familiar to many, this show focuses on her fascinating personal life and the love story she shared with husband Paul Child, Montclair, N.J., native and brother of artist Charles Child, who lived in Lumberville.

Entertainment Sign Up Required

“Titanic: Le Vrai et Le Faux”

Written by; Dr. Valerie Bojarski
The Garden State Story Telling League

Friday, April 12
1:00pm-2:30pm

This program is the story of the Titanic which sank 112 years ago, on April 15, 1912. The program is participatory...people from the audience are invited to take a part and present/read with us.

The Garden State Storytellers League (GSSL) was founded in 1982 by Gwendolyn Jones, Professor Emerita, The College of NJ, and professional storyteller. The league is an affiliate league of the National Storytellers League (NSL) founded in 1903.



Come and Sing with Eddie and the Keys!

Friday, April 19
1:00pm—2:00pm

Sing-A-Longs are a great way to boost your mood, reduce anxiety, increase emotional well-being and offer a sense of community and connectedness for everyone who attends!

This 1 hour performance called "**Piano Bar Sing-A-Longs**" will have you singing songs from R&B, to Rock N' Roll, to Disco.



Medicare Counselor

Do you need the Medicare Counselor?

Will you soon be eligible for Medicare and need information on obtaining Parts A and B and understanding the different Medicare options, timelines, costs and benefits?

Have you recently moved from another state to New Jersey and need information on Medicare options in Mercer County, NJ?

Are you or your spouse considering retirement and need information on how Medicare works with your current plans or should you switch to Medicare?

Are you worried about the costs associated with Medicare? Would you like help learning about programs to help with the costs of Medicare and eligibility requirements.

Do you need help understanding the Medicare appeals process?

The Medicare counselor can provide unbiased information with all of these questions and more at no cost to you. For an appointment, call the Senior Center at 609-371-7192



State Health Insurance
Assistance Program
Navigating Medicare

**CALL THE SENIOR CENTER
TO SCHEDULE YOUR APPOINTMENT
609-371-7192**



Medicare Appointments April 16 and 30

If you are making an appointment for yourself and your spouse, you will need a 2 hour appointment.

**See front desk or call the senior center
to schedule your appointment
609-371-7192**

Exercise Classes



Please visit the front desk for a description of classes



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Cardio With Helen	8:30 Chair/Stretch With Mark	8:30 Balance With Mark	8:30 Balance With Mark	
9:30 Line Dance With Marcia	9:30 Pilates With Val	9:30 Zumba With Marcia	9:30 Balance With Mark	9:30 Chair/Stretch With Linda
11:30 Cardio With Doreen	11:30 Cardio With Linda	11:30 Balance With Mark	11:30 Yoga Sculpt With Ed	
	1:30 Tai Chi With June	1:30 Cardio With Mark	1:30 Cardio With Doreen	
	2:45 Chair Yoga With Ed	2:45 Chair/Stretch With Mark	2:45 Meditation With Ed	

\$1 per class

Challenge yourself.

Must wear sneakers

Not permitted into a class if you are 5+ minutes late

Don't forget about our Stationary Exercise Equipment Room!



Word Search

Gardening

Find and circle all of the words that are hidden in the grid.

The remaining 27 letters spell a Lady Bird Johnson quote.

F S W H E E L B A R R O W W H G E G R
U P E G S P E T U N I A S S N F N R T
C A G O R T L S O I L O C I N O W A U
H D H R R E L R O W S A T O M A E K L
S E R O O A E S S E B N I E M A E E I
I S W C U W F N S D A T R N E P L B P
A E C N U O E O H L L U O G N O O S S
L L N A I L R G P O T O N M V E U S F
P A B R L N T M N L U A G E A N I L T
I I E E O I I I U I R S G I S T O B S
N N E T C A L C V D G E E H R W O S E
W N T A C R I I Y A T G I E E A E E I
H E S W O T Z H E A T N I R D O M V S
E R G A R D E N B S E E S D H S S O I
E E O O B D R L O E C I N A G R O L A
L P H S S D E E W G N I X A L E R G D
L E V O H S A E P S M U I N A R E G H
O P P I T C H F O R K E C A R R O T S

ANNUALS

BEANS

BEETS

BIENNIAL

BROCCOLI

CARROTS

COMPOST

CULTIVATE

DAISIES

DIGGING

FERTILIZER

FLOWERS

FUCHSIA

GARDEN

GERANIUMS

GLOVES

GNOME

GREENHOUSE

GROW

HOES

HORTICULTURE

HOSE

HYDRANGEA

LILACS

LILIES

MARIGOLDS

ORGANIC

PEAS

PERENNIAL

PETUNIAS

PINWHEEL

PITCH FORK

PLANTING

RAIN

RAKE

RELAXING

ROSES

ROWS

SEEDS

SHOVEL

SOIL

SPADE

SUNSHINE

TOMATOES

TROWEL

TULIPS

VEGETABLES

WATER

WEEDS

WHEELBARROW

Word Search

Spring

Find and circle all of the words that are hidden in the grid.
The remaining letters spell a message about Spring.

T L E M W O N S S S A R G L A
G C Y C L A M E N S A L I L P
G N G R O W T H R L L L L R S
O Y I I D L S A R A I E S N N
L A L N K A I E B E R R O H E
F M L O A N F E S G M I P W W
E N A E E E S F I U L R R A L
I O B Q R A L E O E C S A B E
R S T U B E S C D D F O S W A
I A F I G R N N G L I N R H V
S E O N N R A E O N I L C C E
E S S O I D E W W B I R S B S
S I N X R G E E O A A R M E G
A Y F L P R O R N M L W P E O
E T E W S S P I L U T R S S R
R E T S A E P L A N T I N G F

ALLERGIES

APRIL

BASEBALL

BEES

CROCUSES

CYCLAMENS

DAFFODILS

DANDELIONS

EASTER

EQUINOX

FLOWERS

FROGS

GOLF

GRASS

GREEN

GROWTH

IRISES

LILIES

MARCH

MAY

NEW LEAVES

PLANTING

RAIN

RENEWAL

ROBINS

SEASON

SNOWMELT

SOFTBALL

SPRING BREAK

SPRING CLEANING

TULIPS

WARMER

WET

Word Search

Flowers

Find and circle all of the flowers that are hidden in the grid.
The remaining letters spell a secret message - a quotation from *Romeo and Juliet*.

P L A V E N D E R A C R O A R A O S A
Y I A I N U T E P E D A N E E E R D R
S U L O I D A L G O G T L S W G C L E
I C B U Y A N T R Y H N K I O N H O B
A H A S T E R N O U N C I Y L A I G R
D R E H T A E H R N O O A G F R D I E
F Y E O B D D I H H E L E L N D B R G
O S T W L I U E Y T S M I P R Y E A A
X A A O O M R L L T N S T H O H L M M
G N G I E L L D R P I I R E C S L N A
L T F A S O F O O A H K C M G I F D R
O H U E H E E N N F C I C A W R L A Y
V E C O U M E T U O P A N E Y I O F L
E M H L E D H R T S L A R I S H W F L
C U S R S U M S F L E L R N U O E O I
I M I L S G E R A N I U M A A M R D S
T A A H T A E R B S Y B A B D T A I S
A S I T A M E L C W O R R A Y I I L S
T E L O I V B O U V A R D I A W S O E
S L I L Y S N A P D R A G O N E T E N

ALSTROEMERIA
AMARYLLIS
ANTHURIUM
ASTER
BABY'S BREATH
BELL FLOWER
BIRD OF PARADISE
BOUVARDIA
CALLA
CARNATION
CHRYSANTHEMUM
CLEMATIS

CORNFLOWER
DAFFODIL
DAISY
DELPHINIUM
FORGET-ME-NOT
FOXGLOVE
FREESIA
FUCHSIA
GERANIUM
GERBERA
GINGER
GLADIOLUS

GOLDEN ROD
HEATHER
HOLLYHOCKS
HYACINTH
HYDRANGEA
IRIS
LAVENDER
LILAC
LILY
LISIANTHUS
MARIGOLD
ORCHID

PANSY
PEONY
PETUNIA
ROSE
SNAPDRAGON
STATICE
STOCK
SUNFLOWER
TULIP
VIOLET
YARROW

Senior Resources

Mercer County Social Services
Adult Protective Services
Catholic Charities
East Windsor Township



Interfaith Caregivers of Greater Mercer County
Jewish Family & Children's Services
LIFE St. Francis
Meals on Wheels of Mercer County
Mercer County Board of Social Services
Mercer County Connection
Mercer County Consumer Affairs
Mercer County Legal Services for the Elderly
Mercer County Office on Aging and
Aging & Disability Resource Connection
Mercer County Surrogate
Mercer County Veteran Services
NJ Division of Deaf and Hard of Hearing
NJ Foundation for Aging
PAAD, Lifeline & Senior Gold Hotline
Ride Provide
Route 130 Connection Bus
Jewish Family Services / Secure at Home
Senior Dental Association
TRADE Transportation
Visiting Angels of Central Mercer County
Windsor-Hightstown Area Ministerium

(609) 989-4346
(609) 599-1246
(609) 443-4000
(609) 393-9922
(609) 987-8100
(609) 599-5357
(609) 695-3483
(609) 989-4320
(609) 890-9800
(609) 989-6671
(609) 695-6249

(609) 989-6661
(609) 989-6336
(609) 989-6120
(800) 792-8339
(609) 421-0206
(800) 792-9745
(609) 452-5144
(609) 989-6827
(609) 987-8121
(732) 821-9400
(609) 530-1971
(609) 883-8188
(609) 448-0103

Helpful Township Websites

Sign up for Township Municipal E-News and Special Events:

<https://www.east-windsor.nj.us/e-news>

To receive important township notifications:

<https://www.east-windsor.nj.us/nixle>

Spotlight East Windsor:

<https://www.east-windsor.nj.us/spotlight-east-windsor>

Pay Taxes Online:

<https://www.east-windsor.nj.us/pay-a-tax-bill>

